



OUR MISSION

To offer transformative learning opportunities for future healthcare leaders in Maine and beyond through working closely with underserved communities to improve health in the Dominican Republic.

**BUILDING CONNECTIONS.
CHANGING LIVES.
FOSTERING LEADERSHIP.**

Powerful global health experience for students and volunteers.

Consistent, quality health care and strong partnerships in Dominican communities.

While engaging with patients in rural settings, volunteers and students hone their clinical, teaching, and service delivery skills, learn to work effectively with interpreters, and gain valuable cross-cultural perspective. This training opportunity in global health has given many of our alumni unique skills that benefit their professional careers and the communities they serve in Maine, across the United States, and abroad.

We strive to empower our Dominican partners. Patients have access to medications, supplies, and health education that would otherwise be difficult to obtain without our long-standing commitment in the region. PRHDR has established health promoters in each village to act as a resource to patients between our visits.



SINCE 1995, OVER 15,000 PEOPLE FROM DOMINICAN VILLAGES HAVE COME TO PRHDR CLINICS FOR CARE.

CLINICAL SERVICES INCLUDE:

- Health and hygiene education
- Distribute first aid supplies
- Wound care
- Medications for patients
- Diabetes, hypertension, and asthma monitoring and education
- Learning opportunities in global health for students and volunteers



"I have been helped so much that I want to help. Thanks to this organization, you have helped us so much that we are able to help those who need it."

Bernarda Rosario
Community Health Promoter

YES! I want to help PRHDR train Maine's future healthcare leaders and offer health services in underserved Dominican villages.

Enclosed is my gift of: \$35 \$50 \$100 \$250 \$1,000 Other: \$ _____
(please make check payable to PRHDR)

- I would like to sign up for monthly giving, please contact me.
 I would like to remain anonymous in my acknowledgement listing.

My gift is in support of the following student or volunteer: _____

Name(s): _____

Address: _____

City: _____ State: _____ Zip: _____

Phone Number: _____ E-mail Address: _____



To learn more about PRHDR or to donate online, please visit our website at www.PRHDR.org

Partners for Rural Health in the Dominican Republic is a 501c 3 nonprofit organization. Your contributions are fully tax deductible in accordance with the law.

YOU CAN MAKE A DIFFERENCE

MAKE A DONATION

We rely heavily on donations to cover the cost of the vitamins, medications, and medical supplies distributed at our clinics and for general program support.

Make a donation to PRHDR by cash, check, or credit card. Use the reply form below to mail in your gift or visit us online at prhdr.org/donate.php

Purchase items from our Amazon Wish List. Search for "Partners for Rural Health in the Dominican Republic" in the Registry section on amazon.com

Make an in-kind donation of medical supplies by contacting info@prhdr.org

VOLUNTEER ON A TRIP

- Dental care providers
- Health care providers
- Interpreters
- General program support

JOIN ONE OF OUR COMMITTEES

Help us with event or trip planning, fundraising, and other projects. Email info@prhdr.org for more information.

BUILDING A FOUNDATION FOR THE FUTURE THROUGH CONTINUITY OF CARE.

Partners for Rural Health in the Dominican Republic was established in 1995 by the University of Southern Maine, College of Nursing and Health Professionals. Since our inception, we have grown to include students from many Univ. of Maine campuses, Husson University, University of New England, and others.

Twice a year, students, faculty, medical professionals, interpreters, and other volunteers travel to the Dominican Republic to provide primary care, treat chronic illnesses, distribute first aid supplies, and offer health education to approximately 1,500 people annually in 20 different villages.

"This trip has given me a lot of confidence in my abilities as a nursing student. The knowledge I acquired in this trip is immense and it will follow me throughout my entire career."

Jacqueline Ortiz
Nursing Student
USM | January 2015



 **Partners for Rural Health**
in the Dominican Republic
P.O. Box 1742 | Portland, Maine 04104

